

Courts & Cocktails Player Rating & Self-Evaluation Guide

- **League Skill Standards:** All rostered players and substitutes must hold a verified or declared self-rating within the **3.0 to 3.5 NTRP range** to maintain balanced, competitive, and social play.

- **3.0 Player Characteristics:**

- **Forehand & Backhand:** Capable of sustaining short-to-medium rallies with moderate consistency; developing directional control on groundstrokes.

- **Serve & Return:** Reliable flat serve with occasional faults; returns medium-paced serves back into the center of the court.

- **Net Play & Volleys:** Comfortable with basic forehand volleys; continues developing backhand volley control and footwork at the net.

- **Court Awareness & Strategy:** Plays predominantly one-up, one-back doubles; understands basic court positioning and round-robin rotations.

- **3.5 Player Characteristics:**

- **Forehand & Backhand:** Dependable stroke mechanics with improved pace control and shot placement; can exploit short balls.

- **Serve & Return:** Consistent first serve with spin variation; dependable second serve; actively directs service returns to open court areas.

- **Net Play & Volleys:** Confident at the net; capable of putting away weak floating balls and poaching during active doubles points.

- **Court Awareness & Strategy:** Strong tactical awareness in doubles; anticipates partner movement and communicates effectively during fast-paced play.

- **Combined Partner Court Caps:**

- **3.0 Flight Lines:** Total combined partner court rating cannot exceed **6.5** per round.

- **3.5 Flight Lines:** Total combined partner court rating cannot exceed **7.5** per round.

- **Self-Rating Declaration & Onboarding:**

- Players without an official USTA NTRP rating must self-evaluate using these criteria and submit their declared level on the Sub Intake Form or master roster submission.
- League Directors reserve the right to review match scorecards and adjust player ratings if on-court performance significantly exceeds stated levels.